ᐺᐸᖅᑭ ᓇᖅᑐᖅᐃ

Daras Khamu

"Study Five"

ᕿᓂᐅᕙᖅᓴ ᐸᕙᓂᖅᓴ ᓇᖅᐸ/ᐹᖅᐸ·ᖅᐹᕼᓂᖅᐳ ᐹᖅᖅ·ᑎᕼᔪᖅᖅᑦ

1. **Raahub-aat Ȧasuta-Tat/Tak Nawum Kawes?**
   Greetings, did you sleep well?

.ᓇᖅᐸ/ᐹᖅᐸ·ᖁᕼᕙᖅᑕ ,ᖅᐹᕼᓂᖅᐳ ᓇᕼᓂᖅᓴ ,ᖁᕼᐳᕼᑕ

2. **Ṫuȧuḣ, Nakuk Ȧasuta, Ṫawuḣ-Tat/Tak.**
   Yes, I did, thank you.

ᕿᓇᖅᐸ/ᐹᖅᐸ·ᕼᕙ

3. **Wu-Tat/Tak?**
   And you?

.ᐹᕼᑎᖅᓴ ᓴᐅᓴᖅᕙ ᕿᖅᐳ·ᐊᐅᕙᖅᓴ ᐸᓇᕼᓴᖅ ᕼᕙ ᐹᕼᕿᖅᕙ ᑲᕼᖁᖅᓴ ᖅᓴᕼᕙᖅᓴ ᓇᕼᓇᖅᓴ

4. **Nakuk Kawuna Saḣur Wakhut Wu Anuki Nawem-lay Panen Sabut.**
   I was awake late and I am sleepy this morning.

ᕿᓴᖅᓴᖅᑕ ᐹᕼᑎᖅᓴ ᓴᐅᓴᖅᐳ ᓴᕼᑐᖅᑎ ᓴᐅᕿᖅᐳ ᐃᕼᑐᖅᑦ ᓇᖅᐸ/ᐹᖅᐸ·ᐹᕼᓂᖅᐳ ᖁᐅᓴᖅᐳ

5. **Shaneḣ Ȧasut-Tat/Tak Zarud Layeh Baruh Laheh Sabut Ṫanan?**
   What do you like to eat for breakfast (morning meal)?

ᐹᕼᑎᖅᓴ ᖅᖅᕙ ᑐᕼᑐᖅᖅᕿ ᓴᖅᕿᖅᐊ ᐊᖅᐊᖅᐳ ᑎᕼᑐᖅᐳ ᕼᕙ ᐊᕼ·ᐹᖅᕿᖅᑎ ,ᐹᖅᖅ·ᑐᖅᐊᖅᐹ ᓴᕼᑐᖅᑎ ᓴᐅᕿᖅᐳ ᐃᕼᑐᖅᑦ ᓇᕼᓇᖅᓴ

6. **Nakuk Zarud Layeh Baruh Tomar-aat, Boyadz-um Wu Sharub Lomam Mayah Khaalul Paa Sabut.**
   I like to eat dates, an egg and drink lemon water during the morning.

ᕿᓴᖅᓴᖅᑕ ᐹᕼᖁᖅᓴ ᑐᕼᑐᖅᖅᕿ ᓴᕼᑐᖅᑎ ᓇᖅᐸ/ᐹᖅᐸ·ᐹᕼᓂᖅᐳ ᓴᖅᑐᖅᑎ ᑐᐅᑐᖅᐳ ᐅᖅᕙᖅᓴ ᖁᐅᓴᖅᐳ

7. **Shaneḣ Nawaȧ Shalel Borah Ȧasut-Tat/Tak Baruh Khaalul Naḣut Ṫanan?**
   What kind of food do you eat during lunch (afternoon meal)?

,ᓴᖅᕿᖅᐊ ᖠᐅᕙᖅᑕ ᑐᖅᓴᐅᑐ ᕼᕙ ᐹᖅᖅ·ᐊᖅᕿᖅᑐ ,ᐹᖅᖅ·ᐊᖅᐊᖅᐳ ᑐᐅᑐᖅᓴ ᖅᑎᕼᑐᖅᐳ ᐊᕼ·ᑎᖅᑐᐸᐊ ᑐᕼᓇᖅᖅ ᑐᐅᕙᖅᐳ ᓇᕼᓇᖅᓴ
.ᕿᖅᓇᖅᓴ ᕿᖅᑐᖅᐳ ᖠᕼᓯᖅᓴ ᕿᖅᓇᖅᑐ

8. **Nakuk Shawel Aakul Mishrab-um Ȧaruba Karer Lomam-aat, Loyam-aat Wu Gongar Jawef Mayah, Lakay Nazhuf Shalay Nasaq.**
   I will consume a drink mixed with lemons, limes and ginger in water in order to clean my system.

ᕿᐹᕼᖅᑦ ᓴᐅᓴᖅᕙ ᓴᖅᑐᖅᑎ ᐃᐅᐊᖅᑕ ᑑᕼᕿᖅᕿ ᓴᕼᑐᖅᑎᖅᑎ ᐊᐅᖅ ᓇᖅᐸ/ᐹᖅᐸ·ᑑᕿᖅᖅ ᐳᐅᕿᖅᑐ

9. **Layesh Aather-Tat/Tak Ṫem Baaruh Khathur Jamed Borah Panen Zamut?**
   Why are you not eating much solid food today?

ᓴᖅᑐᖅᕿ ᖅᖅᕙ ᖁᕼᐹᖅᓯ ᑑᕼᕿᖅᕿ ᓴᕼᑐᖅᑎ ᐊᐅᖅ ᐹᕼᓂᖅᕙ ᓇᕼᓇᖅᕿ ᖅᖅᕙ ᑐᐅᑐᖅᐳ ᕿᕼᐃᖅᖅᑎ ᖅᖅᕙ ᓴᕼᕙᖅᓴ ᓴᐅᓴ
.ᐹᕼᐹᖅᑦ

10. **Zeh Kawun Paa Baaduy Shalel Paa Khadut Wu Nakuk Ȧasut Ṫem Baruh Khathur Hatuḣ Paa Thalan Zamut.**
    It is the beginning of the month and I do not eat much until the 3rd day.

ᕿᓴᖅᓴᖅᑕ ᐹᕼᓂᖅᐊ ᓴᐅᓴᖅᐳ ᑐᕼᓇᖅᖅ ᓇᖅᐸ/ᐹᖅᐸ·ᑐᐅᕙᖅᐳ ᖁᐅᓴᖅᐳ ᑎᐅᕿᖅᑕ

11. **Ṫayeb, Shaneḣ Shawel-Tat/Tak Aakul Laheh Masut Ṫanan?**
    Alright, what will you consume for dinner (evening meal)?

ᓴᐅᕿᖅᐳ ᐹᖅᖅ·ᕿᖅᖅᕙᐹ ᕼᕙ ᐹᖅᖅ·ᑐᖅᐊᖅᐹ ,ᐹᖅᖅ·ᓴᖅᑐᖅᐊ ,ᐹᖅᖅ·ᕿᖅᐹᖅᑎᖅ ᑐᐅᑐᖅᓴ ᐊᕼ·ᑎᖅᑐᐸᐊ ᖠᕼᓴᖅᐳ ᑐᐅᕙᖅᐳ ᓇᕼᓇᖅᓴ
.ᑎᕼᑐᖅᐳ

12. **Nakuk Shawel Ṡanuf Mishrab-um Karer Obatakh-aat, Molan-aat, Tomar-aat Wu Tofakh-aat Layeh Sharub.**
    I will make a drink with watermelons, melons, dates and apples to drink.

.ᐃᕼᑕᖅᑎ ᕿᕼᐃᖅᓯ ᑐᐅᕙᖅᐳ ᓴᕼᓯᖅᓴ

13. **Nahun Shawel Haduth Baȧud.**
    We will talk later.

.ᖁᕼᐃᖅᕙ

14 **Waduḣ.**
    Goodbye (farewell).

-ṠABAṪ-IYYA-LHJ-ADMIN .:
9/4/2022