

Porat•aat - Fruits

1. Àasuta Antat Àaruf Pafef Gowaz-Baa-Hanad-um Mayay Hamul Tasuna Rabu Nesub Mayay Wu Muta Sagher Dahen?

1. Did you know that a coconut water holds (contains) 94 % water and very little fat?

2. Àasuta Antat Àaruf Pafef Zobiyb-aat Aather Sahel-lay Onab-aat Pafef Àaned Ghayura Maneh Fater-al Shamash-Jaafuf?

2. Did you know that raisins are simply grapes that have changed from natural sun-drying?

3. Àasuta Antat Àaruf Pafef Antat Qadur Baruh Baa Lakhekh Qashar Laheh Toyin-aat?

3. Did you know that you can eat the fresh skin of figs?

4. Àasuta Antat Àaruf Pafef Bolah-aat Aather Wahu Shalel Baa Aqadmu Khaarug Porat-aat Hayen Mathah?

4. Did you know that dates are one of the oldest growing fruits on Earth?

5. Àasuta Antat Àaruf Pafef Boraquq-Magfaf-um Harub Zeh-u Moteq Zhawaq Fater-al-lay?

5. Did you know that a prune gets its sweet taste naturally?

6. Àasuta Antat Àaruf Pafef Romaan-aat Aather Qadem Gorgar-aat Pafef Hamul Mayu-aat Shalel Mizhraa-aat?

6. Did you know that pomegranates are ancient berries that hold (contain) hundreds of seeds?

7. Àasuta Antat Àaruf Pafef Gowafat Natuj Porat Athu Layeh Tamu Shamut-aat Baàed Kaawan Sayukha?

7. Did you know that guava produces fruit 2 to 8 years after being planted?

8. Àasuta Antat Àaruf Pafef Mongu-aat Àanud Wahu Kaber Zharaa Qaded Mathel Karer Khowag-aat?

8. Did you know that mangoes have 1 single large seed just like (same) with peaches?

9. Àasuta Antat Àaruf Pafef Mowaz-aat Kharug Hayen Baa Makrat-u Akabru Sayakh Tem, Shagar-aat?

9. Did you know that bananas grow on the world's largest plant, not trees?

1. Ñem-Mathel Forawalat Qashar Pafef Ghayur Lawan Lameh Nadzuj, Onanas Qashar Qasud Ñem-Shayan Aanen Baa Nadzuj-nus.

1. Unlike strawberry skin that changes color when ripe, pineapple skin means nothing about the ripeness.

2. Loyman-um Aanud Zayed Fater-al Sokar-aat Thanen Lom-um, Šaanuf Zeh Zhawuq Motqu.

2. A Lemon have more natural sugars than a lime, making it taste sweeter.

3. Baüedz Botaqal-aat Qadur Baquy Khadzer Lameh Nadzuj Aalesh Shalel Dafey Kharar-aat.

3. Some oranges can stay green when ripe because of warm temperatures.

4. Thaneh Aather Aanen Rabuna Zhayet-lay Shalel Molan-aat Karer Mayu-aat Shalel Aarab-aat.

4. There are about 40 varieties of melons with hundreds of mixes.

5. Oyasat-um Aasuta Ñem Kharug Jawef Mayay, Zeh Kharug-aat Hayen Khafed-Raakhudz Khalud-Khadzar Gafan-aat.

5. A Cranberry does not grow in water, it grows on low-running evergreen vines.

6. Koraz Nadzar Shaghar-aat Kharug Porat, Laken Baa Koraz-aat Aather Khaluf Wu Saghrü.

6. Cherry blossom trees grow fruit however, the cherries are different and smaller.

7. Boraququ-aat Kharug Jawef Zhayet-lay-um Shalel Lawan-aat Aayeh Aather: Aadem, Rajen, Khamem, Šafer Wu Khadzer.

7. Plums grow in a variety of colours which are: red, purple, black, yellow and green.

8. Moshamsh-Shagar-aat Shawel Natuj Porat Laheh Aanen Athuna Layeh Athuna-Khamu Shamut-aat.

8. Apricot trees will produce fruit for about 20 to 25 years.

9. Zeh Khazhuzh Baa Aazub Maneh Aanen Khamuna Waraq-aat Layeh Kharug Tofah-um.

9. It takes the energy from about 50 leaves to grow an apple.

1. Thaneĥ Aather Zayed Thanen Ashu-Afu Tōmatām Zhayet-lay Pafef Kharug Jawef Lawan-aat Shalel Aadem, Šafer, Wared, Rajen, Khamem, Laben Wu Khadzer.

1. There are more than 10,000 tomato varieties that grow in colours of red, yellow, pink, purple, black, white and green.

2. Lakhekh Khoyar-aat Aather Āanen Tasuna-Khamu Nesub Mayay, Aayeh Našur-aat Baa Khaṭaṭ Baquy Fader.

2. Fresh cucumbers are about 95% water, which helps the body stay cool.

3. Qorā-āsliy-um Kawun Porat-um Aalesh Zeh Kharug-aat Maneĥ Zahar-aat Wu Hamul Mizhraā-aat.

3. A Pumpkin is a fruits because it grows from flowers and hold (contain) seeds.

4. Aaakul Bozhanagan Zahar-aat Aawew Waraq-aat Qadur Kawan Khaṭar-nus Laheh Muhman Nakheb.

4. Consuming eggplant flowers or leaves can be dangerous for human health.

5. Fošawal-um Kawun Tēm Dawem Khadzer, Zeh Kawun Kamen Šafer, Rajen, Aadem Wu Zayed

5. A Green Bean is not always green, it is also yellow, purple, red and more.

6. Qaded Āanen Kalal Folfol-aat Baduy Khadzer Wu Ghayur Lawan-aat Aameĥ Zeh Nadzuj Wu Matuq.

6. Just about all peppers begin green and change colours as it ripens and sweetens.

7. Khamem-um Zoyatan Baduy-aat Aameĥ Khadzer-um Zoyatan Hayen Shagar-um, Wu Thamem Zeh Sayur Rajen, Khawem Aawew Khamem Aameĥ Zeh Nadzuj.

7. A black olive starts as a green olive on a tree, and then it becomes purple, brown or black as it ripens.

8. Malel-lay-um Nadzuj Bosalat Kawun Faṭer-al-lay Šafer, Tēm Khazder.

8. A fully ripe pea is naturally yellow, not green.

9. Zhorat Faṭer-al-lay Kharug Šafer, Laben, Aadem, Khadzer, Khakhel, Rajen, Khamem Wu Zayed.

9. Corn naturally grows yellow, white, red, green, blue, purple, black and more.